

PORAC BC PPO Non-California Resident Plan

Coverage Period: 01/01/2013 – 12/31/2013

Summary of Benefits and Coverage: What this Plan Covers & What it Costs **Coverage for:** Individual+Spouse, Family|**Plan Type:** PPO



This is only a summary. If you want more detail about your coverage and costs, you can get the complete terms in the policy or plan document at www.anthem.com/ca or by calling 1-800-288-6928.

Important Questions	Answers	Why this Matters:
What is the overall <u>deductible</u> ?	<p>\$300 person/ \$900 family with par providers:</p> <p>\$600 person/ \$1,800 family with non par providers</p> <p>Doesn't apply to preventive care, physician office visits and prescription drug coverage</p>	You must pay all the costs up to the <u>deductible</u> amount before this plan begins to pay for covered service you use. Check your policy or plan document to see when the <u>deductible</u> starts over (usually, but not always, January 1 st). See the chart starting on page 2 for how much you pay for covered services after you meet the <u>deductible</u> .
Are there other <u>deductibles</u> for specific services?	No	You must pay all of the costs for these services up to the specific <u>deductible</u> amount before this plan begins to pay for these services.
Is there an <u>out-of-pocket limit</u> on my expenses?	Yes. For participating providers \$3,000 person / \$6,000 family . No out-of-pocket limit with non participating providers.	The <u>out-of-pocket limit</u> is the most you could pay during a coverage period (usually one year) for your share of the cost of covered services with participating providers. This limit helps you plan for health care expenses.
What is not included in the <u>out-of-pocket limit</u> ?	Premiums, balance-billed charges and health care this plan doesn't cover.	Even though you pay these expenses, they don't count toward the <u>out-of-pocket limit</u>
Is there an overall annual limit on what the plan pays?	No	The chart starting on page 2 describes any limits on what the plan will pay for specific coverage limits, such as limits on the number of office visits.

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Does this plan use a <u>network of providers</u>?	Yes. See www.anthem.com/ca for a list of participating providers.	If you use an in-network doctor of other health care <u>provider</u> , this plan will pay some or all of the costs of covered services. Be aware, our in-network doctor of hospital may use an out-of-network <u>provider</u> for some services. Plan use the term in-network, <u>preferred</u> , or participating for <u>providers</u> in their <u>network</u> . See the chart starting on page 2 for how this plan pays different kinds of <u>providers</u> .
Do I need a referral to see a <u>specialist</u>?	No. You don't need a referral to see a specialist.	You can see the <u>specialist</u> you choose without permission from this plan.
Are there services this plan doesn't cover?	Yes.	Some of the services this plan doesn't cover are listed on page 4. See your policy or plan document for additional information about <u>excluded services</u> .

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- **Copayments** are fixed dollar amounts (for example, \$15) you pay for covered health care, usually when you receive the service.
- **Coinsurance** is *your* share of the costs of a covered service, calculated as a percent of the **allowed amount** for the service. For example, if the plan's **allowed amount** for an overnight hospital stay is \$1,000, your **coinsurance** payment of 20% would be \$200. This may change if you haven't met your **deductible**.
- The amount the plan pays for covered services is based on the **allowed amount**. If an out-of-network **provider** charges more than the **allowed amount**, you may have to pay the difference. For example, if an out-of-network hospital charges \$1,500 for an overnight stay and the **allowed amount** is \$1,000, you may have to pay the \$500 difference. (This is called **balance billing**.)
- This plan may encourage you to use PPO **providers** by charging you lower **deductibles**, **copayments** and **coinsurance** amounts.

Common Medical Event	Services You May Need	Your Cost If You Use an In-network Provider	Your Cost If You Use an Out-of-network Provider	Limitations & Exceptions
If you visit a health care provider's office or clinic	Primary care visit to treat an injury or illness	\$20 copay/visit	10% coinsurance maximum allowed amount	-----none-----
	Specialist visit	\$20 copay/visit	10% coinsurance maximum allowed amount	-----none-----
	Other practitioner office visit	\$20 copay/ chiropractic, acupuncture, behavioral health, physical therapy and occupational therapy.	10% coinsurance maximum allowed amount	20 visits maximum per year for in-network chiropractic, physical therapy, and occupational therapy providers. Maximum Anthem Blue Cross payment of \$35 per visit for out-of-network providers.
	Preventive care/screening/immunization	No charge	10% coinsurance maximum allowed amount	-----none-----

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If you have a test	Diagnostic test (x-ray, blood work)	10% coinsurance	10% coinsurance maximum allowed amount	-----none-----
	Imaging (CT/PET scans, MRIs)	10% coinsurance	10% coinsurance maximum allowed amount	Pre-authorization required
If you need drugs to treat your illness or condition More information about <u>prescription drug coverage</u> is available at www.[insert] .	Generic drugs	\$10 copay/ prescription at retail; \$20 copay/ prescription at mail order	100% up-front cost; paper claim may be submitted to request partial reimbursement	Covers up to a 30 day supply (retail prescription); 31-90 day supply (mail order prescription)
	Preferred brand drugs	\$25 copay/ prescription at retail;\$40 copay/ prescription at mail order	100% up-front cost; paper claim may be submitted to request partial reimbursement	Covers up to a 30 day supply (retail prescription); 31-90 day supply (mail order prescription)
	Non-preferred brand drugs	\$45 copay/ prescription at retail; \$75 copay/ prescription at mail order	100% up-front cost; paper claim may be submitted to request partial reimbursement	Covers up to a 30 day supply (retail prescription); 31-90 day supply (mail order prescription)
	Specialty drugs	\$25 copay/ preferred brand prescription retail/ \$45 copay/ non-preferred brand prescription retail	100% up-front cost; paper claim may be submitted to request partial reimbursement	Pre-authorization required Limited to 30 day supply Mail order not available

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If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	10% coinsurance	10% coinsurance maximum allowed amount	-----none-----
	Physician/surgeon fees	10% coinsurance	10% coinsurance maximum allowed amount	-----none-----
If you need immediate medical attention	Emergency room services	10% coinsurance	10% coinsurance maximum allowed amount	50% coverage reduction for non-emergency use of hospital emergency room
	Emergency medical transportation	20% coinsurance	20% coinsurance	-----none-----
	Urgent care	10% coinsurance	10% coinsurance maximum allowed amount	-----none-----
If you have a hospital stay	Facility fee (e.g., hospital room)	10% coinsurance	10% coinsurance maximum allowed amount	Pre-authorization required
	Physician/surgeon fee	10% coinsurance	10% coinsurance maximum allowed amount	-----none-----

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If you have mental health, behavioral health, or substance abuse needs	Mental/Behavioral health outpatient services	10% coinsurance	10% coinsurance maximum allowed amount	-----none-----
	Mental/Behavioral health inpatient services	10% coinsurance	10% coinsurance maximum allowed amount	Pre-authorization required
	Substance use disorder outpatient services	10% coinsurance	10% coinsurance maximum allowed amount	-----none-----
	Substance use disorder inpatient services	10% coinsurance	10% coinsurance maximum allowed amount	Pre-authorization required
If you are pregnant	Prenatal and postnatal care	10% coinsurance	10% coinsurance maximum allowed amount	-----none-----
	Delivery and all inpatient services	10% coinsurance	10% coinsurance maximum allowed amount	-----none-----

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If you need help recovering or have other special health needs	Home health care	10% coinsurance	10% coinsurance maximum allowed amount	Up to 100 visits per calendar year Pre-authorization required
	Rehabilitation services	10% coinsurance	10% coinsurance maximum allowed amount	Up to 20 maximum visits per calendar year combined for physical therapy/occupational therapy/chiropractic care
	Habilitation services	10% coinsurance	10% coinsurance maximum allowed amount	-----none-----
	Skilled nursing care	10% coinsurance	10% coinsurance maximum allowed amount	Maximum 100 days per calendar year Pre-authorization required
	Durable medical equipment	10% coinsurance	10% coinsurance maximum allowed amount	-----none-----
	Hospice service	10% coinsurance	10% coinsurance maximum allowed amount	-----none-----
If your child needs dental or eye care	Eye exam	Not Covered	Not Covered	-----none-----
	Glasses	Not Covered	Not Covered	-----none-----
	Dental check-up	Not Covered	Not Covered	-----none-----

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Excluded Services & Other Covered Services:

Services Your Plan Does NOT Cover (This isn't a complete list. Check your policy or plan document for other excluded services.)

- Cosmetic surgery
- Dental Care
- Infertility
- Long-term care
- Personal development programs
- Private-duty nursing
- Routine eye care
- Routine foot care

Other Covered Services (This isn't a complete list. Check your policy or plan document for other covered services and your costs for these services.)

- Acupuncture
- Bariatric surgery
- Chiropractic care
- Hearing aids
- Most coverage provided outside the United States.

Your Rights to Continue Coverage:

“If you lose coverage under the plan, then, depending upon the circumstances, Federal and State laws may provide protections that allow you to keep health coverage. Any such rights, maybe limited in duration and will require you to pay a **premium**, which may be significantly higher than the premium you pay while covered under the plan,. Other limitations on your rights to continue coverage may also apply.

For more information on your rights to continue coverage, contact the plan at 1-877-737-7776. You may also contact your state insurance department, the U.S. Department of Labor, Employee Benefits Security Administration at 1-866-444-3272 or www.dol.gov/ebsa, or the U.S. Department of Health and Human Services at 1-877-267-2323 x61565 or www.cciio.cms.gov.”

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Your Grievance and Appeals Rights:

If you have a complaint or are dissatisfied with a denial of coverage for claims under your plan, you may be able to appeal or file a grievance. For questions about your rights, this notice, or assistance, you can contact:

Anthem Blue Cross 1-800-288-6928 P.O. Box 60007 Los Angeles, CA 90060-0007 Attn: PORAC Unit

Additionally, a consumer assistance program can help you file your appeal. Contact:

California Department of Managed Health Care Help Center

980 9th Street, Suite 500

Sacramento, CA 95814

(888) 466-2219

<http://www.healthhelp.ca.gov>

helpline@dmhc.ca.gov

—————*To see examples of how this plan might cover costs for a sample medical situation, see the next page.*—————

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About these Coverage Examples:

These examples show how this plan might cover medical care in given situations. Use these examples to see, in general, how much financial protection a sample patient might get if they are covered under different plans.



This is not a cost estimator.

Don't use these examples to estimate your actual costs under this plan. The actual care you receive will be different from these examples, and the cost of that care will also be different.

See the next page for important information about these examples.

Having a baby (normal delivery)

- Amount owed to providers: \$7,540
- Plan pays \$4,390
- Patient pays \$3,150

Sample care costs:

Hospital charges (mother)	\$2,700
Routine obstetric care	\$2,100
Hospital charges (baby)	\$900
Anesthesia	\$900
Laboratory tests	\$500
Prescriptions	\$200
Radiology	\$200
Vaccines, other preventive	\$40
Total	\$7,540

Patient pays:

Deductibles	\$300
Copays	\$0
Coinsurance	\$2,700
Limits or exclusions	\$150
Total	\$3,150

Managing type 2 diabetes (routine maintenance of a well-controlled condition)

- Amount owed to providers: \$5,400
- Plan pays \$3,360
- Patient pays \$2,040

Sample care costs:

Prescriptions	\$2,900
Medical Equipment and Supplies	\$1,300
Office Visits and Procedures	\$700
Education	\$300
Laboratory tests	\$100
Vaccines, other preventive	\$100
Total	\$5,400

Patient pays:

Deductibles	\$300
Copays	\$600
Coinsurance	\$1,060
Limits or exclusions	\$80
Total	\$2,040

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Questions and answers about the Coverage Examples:

What are some of the assumptions behind the Coverage Examples?

- Costs don't include **premiums**.
- Sample care costs are based on national averages supplied by the U.S. Department of Health and Human Services, and aren't specific to a particular geographic area or health plan.
- The patient's condition was not an excluded or preexisting condition.
- All services and treatments started and ended in the same coverage period.
- There are no other medical expenses for any member covered under this plan.
- Out-of-pocket expenses are based only on treating the condition in the example.
- The patient received all care from in-network **providers**. If the patient had received care from out-of-network **providers**, costs would have been higher.

What does a Coverage Example show?

For each treatment situation, the Coverage Example helps you see how **deductibles**, **copayments**, and **coinsurance** can add up. It also helps you see what expenses might be left up to you to pay because the service or treatment isn't covered or payment is limited.

Does the Coverage Example predict my own care needs?

✘ **No.** Treatments shown are just examples. The care you would receive for this condition could be different based on your doctor's advice, your age, how serious your condition is, and many other factors.

Does the Coverage Example predict my future expenses?

✘ **No.** Coverage Examples are **not** cost estimators. You can't use the examples to estimate costs for an actual condition. They are for comparative purposes only. Your own costs will be different depending on the care you receive, the prices your **providers** charge, and the reimbursement your health plan allows.

Can I use Coverage Examples to compare plans?

✓ **Yes.** When you look at the Summary of Benefits and Coverage for other plans, you'll find the same Coverage Examples. When you compare plans, check the "Patient Pays" box in each example. The smaller that number, the more coverage the plan provides.

Are there other costs I should consider when comparing plans?

✓ **Yes.** An important cost is the **premium** you pay. Generally, the lower your **premium**, the more you'll pay in out-of-pocket costs, such as **copayments**, **deductibles**, and **coinsurance**. You should also consider contributions to accounts such as health savings accounts (HSAs), flexible spending arrangements (FSAs) or health reimbursement accounts (HRAs) that help you pay out-of-pocket expenses.

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